

Report of all 5 workshops

Date: 3.7.2025

Workshop Title:

The European Green Deal: A Roadmap to a Sustainable Future

Theme:

Understanding recycling through the lens of the European Green Deal and personal values

Duration:

45 minutes

Group Size:

11 participants

Workshop Objectives:

Introduce young participants to the European Green Deal, its main goals, and strategic action plan.

Explore how the Green Deal connects with everyday actions like recycling, and how this links to personal values and citizenship.

Empower participants to reflect on their role in achieving Europe's climate-neutral goals by 2050

Key Activities & Methods:

Presentation and group discussion on the European Green Deal goals (GHG reduction, circular economy, biodiversity, just transition)

Recycling simulation with different materials

Personal value mapping (solidarity, care, responsibility) linked to green actions

Group task: scripting and recording a youth-friendly video summarizing the Green Deal

Key Learning Outcomes:

Knowledge: Participants gained a clear understanding of what the European Green Deal is, including its:

Climate neutrality goal by 2050

55% greenhouse gas reduction target by 2030

Support for green jobs and clean energy

Promotion of biodiversity and circular economy

Just transition principles

Skills: Participants developed soft skills including:

Teamwork, communication, and active listening

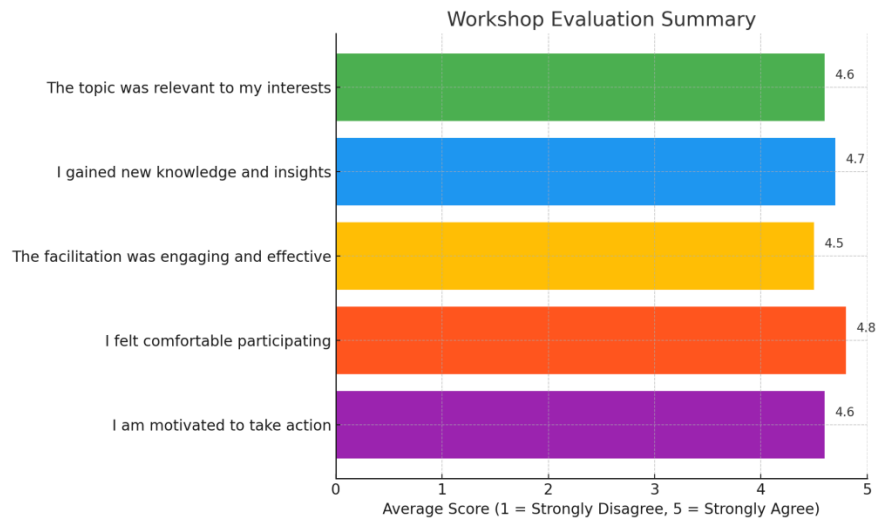
Critical thinking by connecting abstract EU policies with practical daily habits

Empathy through discussion on how environmental issues affect different communities

Values: Participants reflected on how their personal values align with sustainability and were encouraged to act on them in everyday life.

Workshop Outcome/Product:

Participants successfully created a short educational video that translates the complex concepts of the European Green Deal into youth-friendly language, aimed at raising awareness among their peers about sustainability and climate action.



Date: 4.7.2025

Workshop Title:

The EU values

Theme:

Exploring how personal, national, and European values relate to sustainability and shape the European Green Deal

Estimated Time:

Up to 90 minutes

Group Size:

11 participants

Workshop Objectives:

Help participants recognize their personal values and reflect on how they apply them in everyday life.

Introduce and explain the six core values of the European Union.

Encourage critical thinking on how these values are (or are not) applied in their own country.

Draw connections between EU values and sustainability, especially within the European Green Deal framework.

Key Activities & Methods:

Icebreaker: Toilet Paper Game (sharing personal values)

Group discussion on the importance of values in society

Case study: Examining Coca-Cola's corporate values vs. EU values

Interactive poster creation: mapping EU values to country reality and sustainability

Presentations and Instagram reel creation to raise awareness

Learning Outcomes:

By the end of the session, participants were able to:

Define what values are and why they matter at the personal, national, and EU level.

Describe and explain the six core EU values.

Reflect critically on how these values are applied in their own country—and what needs to improve.

Understand how values like equality, dignity, and democracy are essential to achieving sustainability goals.

Strengthen skills in communication, collaboration, critical thinking, and youth advocacy.

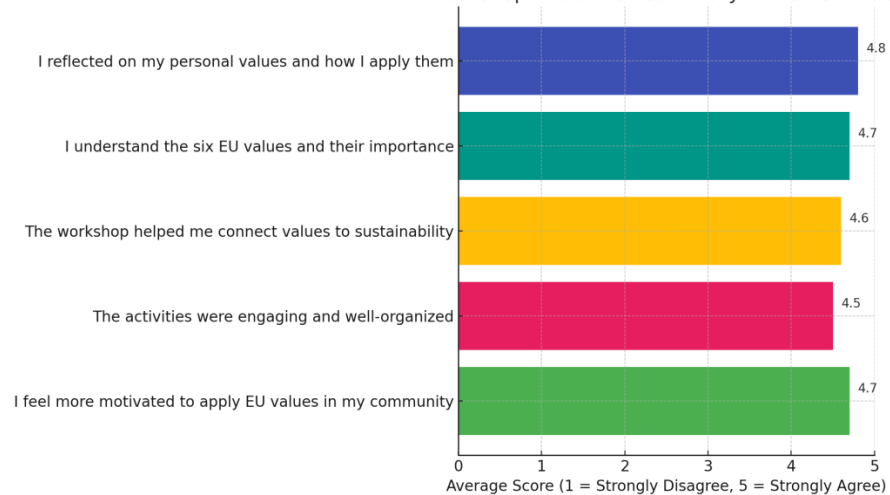
Workshop Outcomes:

10 young people better informed about EU values and their connection to environmental and social sustainability.

Six papers showing how EU values are interpreted across their contexts.

One Instagram reel created by participants to raise awareness of values-driven sustainability among their peers.

Workshop Evaluation Summary – The EU Values



Date: 5.7.2025

Workshop Title:

Fair Planet, Fair People

Theme:

Exploring the interconnection between social inclusion and environmental justice, and addressing inequalities in European communities.

Estimated Time:

50–60 minutes

Group Size:

11 young participants

Workshop Objectives:

Introduce the concepts of social inclusion and environmental justice in a relatable, visual, and youth-friendly way.

Highlight how sustainability must include equity, and how climate and environmental challenges disproportionately affect marginalized communities.

Encourage critical thinking and real-life reflection through examples from participants' own communities.

Empower youth to recognize their role in promoting fair, sustainable, and inclusive societies.

Key Activities & Methods:

Screening of a short video on inclusion and a documentary on environmental injustice

Inequality Game to visualize privilege and opportunity gaps

Concept explanation: social inclusion and environmental justice

Flipchart activity: youth identified and illustrated local examples of exclusion or inequality

Group discussion linking human rights and sustainability

Reel creation to raise awareness

Key Learning Outcomes:

By the end of the workshop, participants were able to:

Define and explain the concepts of social inclusion and environmental justice in simple terms.

Understand how inequality affects sustainability efforts, especially for marginalized or underserved communities.

Identify real-life examples of exclusion and injustice in their surroundings.

Recognize how environmental and social justice align with EU values such as human dignity, equality, and solidarity.

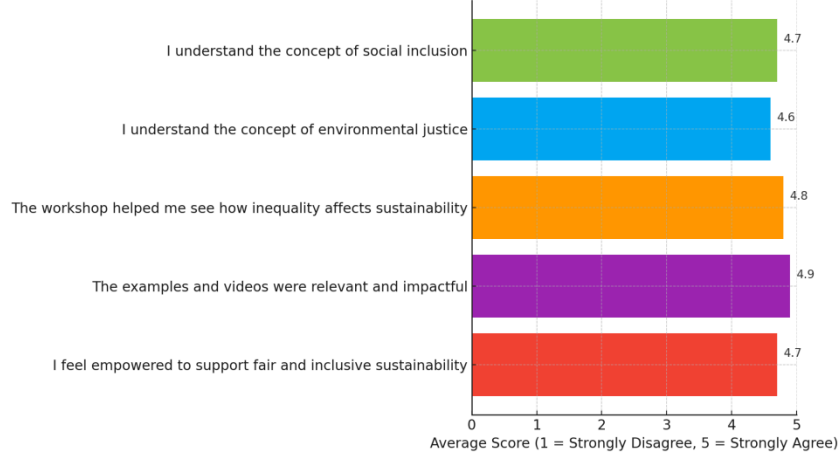
Gain soft skills in empathy, collaboration, critical thinking, and visual storytelling.

Workshop Outcome/Product:

Participants created a short video presenting the main takeaway:

That a sustainable future is only possible when it's fair and inclusive, and that everyone—regardless of background—deserves access to clean air, water, green spaces, and a voice in climate decisions.

Workshop Evaluation Summary – Fair Planet, Fair People



Date: 6.7.2025

Workshop Title:

Conscious Consumer: Shopping with Impact

Theme:

Understanding ethical consumption and the circular economy, and critically reflecting on the environmental and social impact of personal consumer choices.

Estimated Time:

45 minutes

Group Size:

11 participants

Workshop Objectives:

Introduce young people to the concepts of ethical consumption and the circular economy.

Develop participants' ability to analyze their own consumer behaviors and recognize greenwashing tactics.

Strengthen critical thinking, communication, and teamwork skills through scenario-based learning.

Empower youth to make informed, values-driven choices in a market-driven society.

Key Activities & Methods:

Icebreaker: Ethical Dilemmas Game (fast fashion, organic food, etc.)

Presentation: examples of ethical choices (Fair Trade, zero-waste, local food)

Discussion on circular economy: reduce, reuse, repair, recycle

Group task: define ethical consumption and present findings

Post-it reflections on personal consumer values and choices

Making reel

Key Learning Outcomes:

By the end of the workshop, participants were able to:

Define ethical consumption and explain how it aligns with environmental and social sustainability.

Understand the core principles of the circular economy.

Identify common forms of greenwashing and critically evaluate brands and their claims.

Reflect on how their personal values influence shopping behavior.

Improve their soft skills, particularly in critical thinking, communication, teamwork, and active listening.

Workshop Outcome/Product:

A short video was created by the group, summarizing the message that conscious consumer choices matter, and showcasing examples of ethical actions youth can take in daily life.

Workshop Evaluation Summary – Conscious Consumer: Shopping with Impact

Participants provided high ratings across all evaluation criteria, highlighting the relevance and impact of the session. The results are summarized as follows:

Understanding of Ethical Consumption

Participants reported a strong grasp of what ethical consumption means and how it connects to sustainability and social justice. (Avg. rating: 4.6/5)

Familiarity with the Circular Economy

They understood the principles of reducing waste and designing products for reuse and longevity. (Avg. rating: 4.5/5)

Ability to Identify Greenwashing

Many participants felt better equipped to critically evaluate marketing claims and identify misleading branding practices. (Avg. rating: 4.4/5)

Personal Reflection on Consumer Habits

The workshop successfully encouraged self-reflection, with participants acknowledging the social and environmental impacts of their buying choices. (Avg. rating: 4.7/5)

Motivation to Shop More Ethically

Youth felt empowered and motivated to make more values-driven consumer decisions in the future. (Avg. rating: 4.6/5)

Overall Insight:

The workshop was well-received for its interactive format and practical relevance. It helped young participants build awareness and critical thinking around consumption, sustainability, and corporate responsibility. Most expressed interest in continuing to explore ethical consumption in their daily lives and advocate for more sustainable choices in their communities.

Date: 7.7.2025

Workshop Title:

Sustainable Citizenship: How Can We Make a Difference?

Theme:

Exploring civic responsibility, sustainability values, and the power of youth-led environmental action.

Estimated Time:

45 minutes

Group Size:

11 participants

Workshop Objectives:

Help participants understand the values behind sustainable citizenship, including intergenerational equity and environmental justice.

Encourage youth to reflect on their rights and responsibilities in creating a sustainable future.

Inspire collective action and local engagement through practical examples of youth-led initiatives.

Develop communication skills and deepen awareness of how individual and community behavior shapes long-term environmental outcomes.

Key Activities & Methods:

Inspirational video showcasing youth-led environmental action

Group discussion on sustainability values, rights, responsibilities

Categorizing actions: Personal , Community , Policy 

Collective brainstorming and decision-making on one local action

Youth video statement: "What I commit to for a better future"

Final Reflection & Video Creation

Key Learning Outcomes:

By the end of the session, participants were able to:

Define sustainability values like intergenerational equity and environmental justice.

Recognize their rights and responsibilities as sustainable citizens.

Understand how collective civic action can influence environmental outcomes.

Improve their communication and group decision-making skills.

Develop a sense of empowerment and urgency to act on climate and sustainability challenges.

Workshop Outcome/Product:

A shared sustainability action step, agreed upon and initiated by the participants.

A short youth-created video (max 1 minute) sharing key insights and motivating others to act.

A stronger sense of personal responsibility and civic agency in relation to environmental issues and future generations.

Workshop Evaluation Summary – Sustainable Citizenship: How Can We Make a Difference?

Participants provided very positive feedback, noting the relevance of the topic and their increased sense of agency in sustainability and civic action. Below is a summary of their responses across key evaluation areas:

Understanding of Sustainability Values

Participants demonstrated a strong grasp of values like intergenerational equity and environmental justice, and how these relate to citizenship. (Avg. rating: 4.7/5)

Reflection on Rights and Responsibilities

The workshop encouraged participants to think critically about their personal and collective responsibilities for shaping a sustainable future. (Avg. rating: 4.6/5)

Inspiration from Youth-Led Action

The opening video and examples of real youth initiatives were motivating and gave participants a sense of purpose and possibility. (Avg. rating: 4.8/5)

Engagement in Group Discussion and Action Planning

Participants enjoyed collaborating in group tasks and found the format empowering. The sticky-note activity and final action commitment promoted teamwork and civic reflection. (Avg. rating: 4.6/5)

Motivation to Take Collective Action

Many participants reported feeling motivated and empowered to take small but meaningful steps toward sustainability in their local communities. (Avg. rating: 4.7/5)

Overall Insight:

The workshop effectively blended theory (EU values, sustainability concepts) with action (planning and media creation), fostering both awareness and agency. Participants left with a deeper understanding of their role as sustainable citizens and a tangible commitment to act—whether through community cleanups, awareness campaigns, or advocacy.

This session reinforced the power of youth-led environmental engagement and highlighted the importance of linking climate education to values, action, and identity.